

SMILKSTEIN'S WORK SYSTEM APGAR ITEMS

	Almost Always	Some of the Time	Hardly Ever
1) I am satisfied that I can turn to a fellow worker for help when something is troubling me.			
2) I am satisfied with the way my fellow workers talk over things with me and share problems with me.			
3) I am satisfied that my fellow workers accept and support my ideas or thoughts.			
4) I am satisfied with the way my fellow workers respond to my emotions, such as anger, sorrow, or laughter.			
5) I am satisfied with the way my fellow workers and I share time together.			
6) I am satisfied with the way I get along with the person who is my closest or immediate supervisor.			
7) I am satisfied with the work I do at my place of employment.			

Rating Scale:

Almost Always = 2 pts.
 Some of the Time = 1 pt.
 Hardly Ever = 0 pts.

Scoring:

8-10 = Highly Functional
 4-7 = Moderately Dysfunctional
 0-3 = Dysfunctional

Example:

Total = 7 pts.
 Moderately Dysfunctional